



5 x 5 x 5

Bible Reading Plan for 2026

Read the New Testament in 5 minutes a day for 5 days a week
utilizing *The Navigator 5 x 5 x 5 Discipleship Tool*

5 Minutes A Day

This 5 minutes a day reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 Days a Week

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 Ways To Dig Deeper

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers.
- ④ Capture the big idea. God's word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?

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| January | | | February | | | March | | | April | | |
|------------------|---------------|-------------------------------------|------------------|------------|-------------------------------------|------------------|---------------|-------------------------------------|------------------|----------------|-------------------------------------|
| Date | Chapter | <input checked="" type="checkbox"/> | Date | Chapter | <input checked="" type="checkbox"/> | Date | Chapter | <input checked="" type="checkbox"/> | Date | Chapter | <input checked="" type="checkbox"/> |
| 5 th | Mark 1 | <input type="checkbox"/> | 1 st | Reflection | <input type="checkbox"/> | 1 st | Reflection | <input type="checkbox"/> | 1 st | Gal. 6 | <input type="checkbox"/> |
| 6 th | Mark 2 | <input type="checkbox"/> | 2 nd | Acts 5 | <input type="checkbox"/> | 2 nd | Acts 25 | <input type="checkbox"/> | 2 nd | James 1 | <input type="checkbox"/> |
| 7 th | Mark 3 | <input type="checkbox"/> | 3 rd | Acts 6 | <input type="checkbox"/> | 3 rd | Acts 26 | <input type="checkbox"/> | 3 rd | James 2 | <input type="checkbox"/> |
| 8 th | Mark 4 | <input type="checkbox"/> | 4 th | Acts 7 | <input type="checkbox"/> | 4 th | Acts 27 | <input type="checkbox"/> | 4 th | Reflection | <input type="checkbox"/> |
| 9 th | Mark 5 | <input type="checkbox"/> | 5 th | Acts 8 | <input type="checkbox"/> | 5 th | Acts 28 | <input type="checkbox"/> | 5 th | Reflection | <input type="checkbox"/> |
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| 13 th | Mark 7 | <input type="checkbox"/> | 9 th | Acts 10 | <input type="checkbox"/> | 9 th | Heb. 2 | <input type="checkbox"/> | 9 th | Matt. 1 | <input type="checkbox"/> |
| 14 th | Mark 8 | <input type="checkbox"/> | 10 th | Acts 11 | <input type="checkbox"/> | 10 th | Heb. 3 | <input type="checkbox"/> | 10 th | Matt. 2 | <input type="checkbox"/> |
| 15 th | Mark 9 | <input type="checkbox"/> | 11 th | Acts 12 | <input type="checkbox"/> | 11 th | Heb. 4 | <input type="checkbox"/> | 11 th | Reflection | <input type="checkbox"/> |
| 16 th | Mark 10 | <input type="checkbox"/> | 12 th | Acts 13 | <input type="checkbox"/> | 12 th | Heb. 5 | <input type="checkbox"/> | 12 th | Reflection | <input type="checkbox"/> |
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| 23 rd | Mark 15 | <input type="checkbox"/> | 19 th | Acts 18 | <input type="checkbox"/> | 19 th | Heb. 10 | <input type="checkbox"/> | 19 th | Reflection | <input type="checkbox"/> |
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| May | | | June | | | July | | | August | | |
|------------------|---------------|-------------------------------------|------------------|------------------|-------------------------------------|------------------|---------------|-------------------------------------|------------------|-----------------|-------------------------------------|
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| September | | | October | | | November | | | December | | |
|------------------|-----------------|-------------------------------------|------------------|-----------------|-------------------------------------|------------------|------------------|-------------------------------------|------------------|---------------|-------------------------------------|
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| 4 th | 2 Cor. 8 | <input type="checkbox"/> | 4 th | Reflection | <input type="checkbox"/> | 4 th | John 13 | <input type="checkbox"/> | 4 th | Rev. 2 | <input type="checkbox"/> |
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| 6 th | Reflection | <input type="checkbox"/> | 6 th | 1 John 4 | <input type="checkbox"/> | 6 th | John 15 | <input type="checkbox"/> | 6 th | Reflection | <input type="checkbox"/> |
| 7 th | 2 Cor. 9 | <input type="checkbox"/> | 7 th | 1 John 5 | <input type="checkbox"/> | 7 th | Reflection | <input type="checkbox"/> | 7 th | Rev. 3 | <input type="checkbox"/> |
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| 11 th | 2 Cor. 13 | <input type="checkbox"/> | 11 th | Reflection | <input type="checkbox"/> | 11 th | John 18 | <input type="checkbox"/> | 11 th | Rev. 7 | <input type="checkbox"/> |
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